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A. ALAT PENGUMPULAN DATA

- 1. CHECK-LIST KELOMPOK BRAIN GYM PRE-TEST**
- 2. CHECK-LIST KELOMPOK BRAIN GYM POST-TEST**
- 3. CHECK-LIST KELOMPOK KONTROL PRE-TEST**
- 4. CHECK-LIST KELOMPOK KONTROL POSTT-TEST**

B. DATA PENELITIAN

C. SURAT KETERANGAN

- 1. SURAT IJIN PENELITIAN**
- 2. SURAT BUKTI PENELITIAN**
- 3. SURAT PERSETUJUAN**

D. HASIL PEMERIKSAAN KESEHATAN

E. DOKUMENTASI